

# SYNCRO SERIES

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SYNCRO 20\*\*



SYNCRO 15



SYNCRO 10



SYNCRO 3

The Syncro Series features Osprey's ventilated AirSpeed™ suspension in a small streamlined pack making it ideal for mountain biking adventures. Additional bike-friendly features include a LidLock™ helmet attachment, bike tool organization, an integrated raincover and hands-free hydration.

\*\*Available in select markets only.

**OWNER'S MANUAL**

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[ospreypacks.com](http://ospreypacks.com)

# OVERVIEW



## SHARED FEATURES

- 1 Front organizer pocket
- 2 Front panel access to main compartment
- 3 Dual stretch mesh pockets
- 4 LidLock™ helmet attachment
- 5 Blinker attachment
- 6 Internal reservoir sleeve†

## FABRICS

- MAIN** 100D Nylon Honeycomb
- ACCENT** 100D Nylon Honeycomb
- BOTTOM** 100D Nylon Honeycomb

†Hydraulics™ Reservoir included in U.S. and other select markets

## SYNCRO 20\*\*

\*\* Available in select markets only

SPECS	S/M	M/L
Cubic Inches	1098	1220
Liters	18	20
Lbs/Ounces*	1/5	1/6
Kilograms*	0.60	0.63
Inches	18h x 10w x 11d	
Centimeters	45h x 26w x 28d	

Reservoir Wt 6 oz / 0.17 kg

\* Pack weight does not include reservoir



## UNIQUE FEATURES

- 1 J-zip front tool organizer
- 2 Small zippered external non-scratch pocket
- 3 Upper and lower side compression straps
- 4 Integrated raincover

# OVERVIEW

## SYNCRO 15

SPECS	S/M	M/L
Cubic Inches	793	915
Liters	13	15
Lbs/Ounces*	1/3	1/4
Kilograms*	0.53	0.56
Inches	18h x 10w x 9d	
Centimeters	45h x 26w x 23d	

Reservoir Wt 6 oz / 0.17 kg

\* Pack weight does not include reservoir



### UNIQUE FEATURES

- 1 J-zip front tool organizer
- 2 Small zippered external non-scratch pocket
- 3 Upper side compression straps
- 4 Integrated raincover

## SYNCRO 10

SPECS	S/M	M/L
Cubic Inches	488	610
Liters	8	10
Lbs/Ounces*	1/1	1/2
Kilograms*	0.47	0.50
Inches	18h x 10w x 8d	
Centimeters	45h x 26w x 20d	

Reservoir Wt 6 oz / 0.17 kg

\* Pack weight does not include reservoir



### UNIQUE FEATURES

- 1 J-zip front tool organizer
- 2 Small zippered external non-scratch pocket
- 3 Integrated raincover

## SYNCRO 3

SPECS	S/M	M/L
Cubic Inches	122	183
Liters	2	3
Lbs/Ounces*	0/13	0/14
Kilograms*	0.38	0.40
Inches	16h x 9w x 4d	
Centimeters	40h x 24w x 10d	

Reservoir Wt 6 oz / 0.17 kg

\* Pack weight does not include reservoir



### UNIQUE FEATURE

- 1 Front shove-it pocket

# SUSPENSION

## 1 AIRSPEED™ SUSPENSION

+ Mesh backpanel supported by LightWire™ frame with side vents maintains comfortable fit and keeps your back cool

## 2 BIOSTRETCH™ VENTILATED HARNESS

+ EVA foam is perforated with large holes for enhanced breathability and comfortable stretch

## 3 PADDED HIPWING / ERGOPULL™ WAISTSTRAP

+ Nylon waiststrap with padded, spacer mesh hipwings and a modified straight ErgoPull™ provide stable carry



# SIZING / FIT

## UNISEX TORSO SIZING

S/M 16-19" / 40-48 cm

M/L 18-21" / 46-53 cm



# FEATURE DETAILS



## LIDLOCK™ HELMET ATTACHMENT

20L / 15L / 10L / 3L

Osprey's LidLock™ easily and securely carries bicycle helmets.

- A Pull the LidLock™ attachment away from the pack.
- B Twist the LidLock™ and pass it through the bottom of the helmet vent. Turn the LidLock™ back to its horizontal position to lock the helmet in place.
- C Adjust the LidLock™ tension with the cord loop on the right outside panel of the pack.
- D Reverse to remove helmet.



## BLINKER LIGHT ATTACHMENT

20L / 15L / 10L / 3L

The blinker light attachment strap found near the base of the front panel of the pack allows for quick light attachment for high visibility in the dark.



## SLASH POCKET

20L / 15L / 10L

A zippered top slash pocket lined with scratch free, heat embossed fabric provides ideal storage for optics and electronic devices.



## INTEGRATED RAINCOVER

20L / 15L / 10L

The integrated, removable high visibility raincover provides pack protection in adverse conditions.

- A Locate the raincover icon and unzip the raincover compartment.
- B Pull the raincover from the compartment and slip it over the top and bottom of pack using the peripheral elastic to hold it in place.
- C Reverse this process to return raincover to compartment.
- D To remove the raincover altogether, unfasten the toggle from the cord loop and remove.

Note: To prevent mildew, allow the raincover to dry entirely before storing.



## FRONT PANEL ORGANIZATIONAL COMPARTMENT

20L / 15L / 10L

The J-zip gives access to a front panel organizational compartment which features mesh pockets for tubes and tools, a pump holder, key clip and space for additional items.



## DUAL SIDE COMPRESSION STRAPS

20L / 15L

Dual upper side compression/carry straps with a quick release buckle aid in compressing and stabilizing loads for optimal carry.

# HYDRATION



## SPECS

Fluid Ounces	85
Liters	2.5
Ounces	6.17
Kilograms	0.18
Inches	17h x 8w x 2d
Centimeters	42h x 21w x 5d

## 2.5L HYDRAULICS™ LT RESERVOIR\* 20L / 15L / 10L / 3L

The 2.5L Hydraulics™ LT Reservoir is a streamlined, lightweight hydration system. It has built-in baffles to reduce sloshing and barreling and a detachable hose connection which allows for fast and easy removal of the reservoir from the pack.

\*Included in U.S. and other select markets

**FOR MORE INFORMATION ON OSPREY'S FULL LINE OF RESERVOIRS VISIT  
OSPREYPACKS.COM.**



## HYDRATION

### 20L / 15L / 10L

The Syncro 20, 15 and 10 have a sewn-in hydration sleeve located on the inside of the backpanel which can hold up to a 3L reservoir. The backpanel hydration exit port is centered allowing routing to the right or left side of the harness. Elasticized routing straps on the pack's harness hold the reservoir hose in place.

### 3L

The main compartment of the Syncro 3 is designed to accept up to a 2.5L Hydraulics™ LT Reservoir and features an integrated hydration hanger and hose exit port.



# PACK / RESERVOIR MAINTENANCE

Your Osprey pack is an extremely durable product and is built for years of use. However, some basic pack maintenance will help ensure your pack lasts a lifetime.

## OSPREY PACKS

### STANDARD MAINTENANCE

- + After each trip be sure to clean out your pack thoroughly.
- + Clean the zippers regularly using mild soap, warm water and soft brush. This will help keep them in proper working condition.
- + If your pack is wet, hang it to dry out of direct sunlight.
- + Loosen all the straps.
- + Wash your pack if dirt, sweat, salt and stains have worked their way into fabrics, webbing or mesh.  
[Do not immerse travel packs in water with our HighRoad™ Wheeled Chassis.]

### WASHING YOUR PACK

- A Empty the pack including any food, dirt or spilled contents.
- B If your pack has a removable harness and hipbelt, remove them from the pack body.
- C Do NOT wash your pack in a washing machine. Clean your pack and components in a bathtub or large sink using a mild detergent and warm water.
- D Agitate the pack gently. Scrub the inside and outside of all compartments including the pockets with a soft brush.
- E Clean the zippers using a mild soap, warm water and a soft brush. Flush water and soap through the buckles. Keeping dirt and debris out of the zippers and buckles will help keep them in proper working condition.
- F Drain the dirty water from the bathtub or sink and refill with cool clean non-soapy water. Rinse the pack thoroughly. Repeat this step as necessary.
- G Hang your pack to dry outside or in a well ventilated area, out of direct sunlight.

### WHEELED TRAVEL LUGGAGE

[Do not immerse travel packs in water with our HighRoad™ Wheeled Chassis.]

- A After each trip, empty the pack including any food, dirt or spilled contents.
- B Clean the zippers regularly using mild soap, warm water and soft brush. This will help keep them in proper working condition.
- C Wipe the exterior of the chassis with a damp cloth or sponge.
- D Clean the pack fabric by scrubbing stains and dirt with warm water, mild detergent and a soft brush or sponge.
- E Use a wet towel with clean non-soapy water to wipe away any soap residue on the pack.
- F Hang your pack to dry outside or in a well ventilated area, out of direct sunlight.

### RECOMMENDED CLEANING PRODUCTS

Osprey recommends Nikwax® products for pack care. Be sure to read label directions carefully before applying any product to your pack.

**Tech Wash®** - Use this with warm water for washing and cleaning your packs or luggage.

**Tent & Gear Solar Proof®** - Use this spray-on product to protect your packs from UV exposure and to improve water repellency.



For complete instructions on cleaning your Osprey pack, visit: [ospreypacks.com/PackTech/PackCare](https://ospreypacks.com/PackTech/PackCare).

## OSPREY RESERVOIRS

### RESERVOIR STANDARD MAINTENANCE

- + Our reservoir's anti-microbial formula prevents most mold and bacteria growth.
- + Rinsing out your reservoir after each use should keep your reservoir fresh, especially when using sugary drink mixes.
- + Periodically use Osprey's Hydraulics™ Cleaning Tablets to clean your reservoir.
- + Iodine or other purifying tablets used in your reservoir will not affect the quality of your reservoir. However these tablets may stain the reservoir over time.
- + Freezing your reservoir will not effect the quality of the reservoir. However if the reservoir is filled with water, be aware that water expands when it freezes and can damage your reservoir if it is overfilled.
- + Do NOT pour boiling water into the reservoir. This can damage the reservoir and will void your warranty.
- + Watch "Cleaning an Osprey Hydraulics™ Reservoir" video on Osprey Packs YouTube® page.

### CLEANING YOUR RESERVOIR (WITH OSPREY HYDRAULICS™ CLEANING TABLETS)

- A Fill reservoir with warm water. Do not use bleach or boiling water.
- B Add one cleaning tablet to reservoir and close the cap.
- C Let tablet dissolve for 5 minutes with the reservoir laying on its back.
- D Shake the reservoir for 30 seconds to mix and spread the solution.
- E Pinch the bite valve and squeeze the reservoir to remove air and fill the reservoir hose and bite valve with solution.
- F Let the reservoir sit for 15 minutes and then pour out solution.
- G Rinse the reservoir and tube with clean cool water.
- H Hang your reservoir to dry in a well ventilated area.

### DEEP CLEANING YOUR RESERVOIR (WITH OSPREY HYDRAULICS™ CLEANING KIT)

- 1 Rinse out the reservoir and fill it with warm water and a mild dish detergent. Do not use bleach or boiling water.
- 2 With the large cleaning brush from Osprey's Hydraulics™ Cleaning Kit scrub the interior of the reservoir.
- 3 Remove the hose from the reservoir and the bite valve from the hose and use the small brush from Osprey's Hydraulics™ Cleaning Kit to scrub the interior of the hose.
- 4 Remove the silicone bite valve cover and clean it and the bite valve with warm soapy water.
- 5 Rinse the interior and exterior of the reservoir, hose and bite valve parts with cool clean water.
- 6 Let the hose and bite valve dry in a well-ventilated area.
- 7 Insert Osprey's Hydraulics™ Cleaning Kit drying rack into the reservoir and hang to dry in a well ventilated area.

For complete instructions on cleaning your Osprey reservoir watch, "Cleaning an Osprey Hydraulics™ Reservoir" at [youtube.com/ospreypacks](https://youtube.com/ospreypacks).

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## OSPREY ACCESSORIES

Customize and protect your pack with Osprey's full line of accessories. For the full lineup, please visit your local Osprey retailer or visit: [ospreypacks.com](http://ospreypacks.com).

## PACK YOUR PACK

Loading your pack correctly optimizes comfort while you are carrying it. For complete information visit: [ospreypacks.com/PackTech/HowToPackYourPack](http://ospreypacks.com/PackTech/HowToPackYourPack)

## GUARANTEE

At Osprey, sustainability is designed into our packs, which are built to last a lifetime and backed by a superb guarantee, no matter how hard you are on your gear. Visit [ospreypacks.com](http://ospreypacks.com) for details.

## QUESTIONS?

Contact Osprey Customer Service. Real help from real people. Scroll over the customer service tab at [ospreypacks.com](http://ospreypacks.com).

**OSPREY PACKS, INC.**  
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**866-284-7830**

## [ospreypacks.com/PackTech/OwnersManuals](http://ospreypacks.com/PackTech/OwnersManuals)

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- CN** 如欲觀看繁體中文使用者手冊，請瀏覽 [www.ospreypacks.com](http://www.ospreypacks.com)  
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에서 사용자 설명서를 다운로드하세요

# OWNER'S MANUAL

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