



Outside Online

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The Outside Blog - The Marathon Diaries: Top 10 Cross-Training Tools

Featuring: The Raptor 6

URL: <http://tinyurl.com/2bqqqazh>

I love cross training. It's been my favorite part of training for a marathon. I enjoy my run-free days—the ones I get to spend hiking a fourteener with my mutt, Santos, or driving up to Leadville, CO, to mountain bike freshly cut trails.

And what's cross training without the ultimate cross-training tools?

Osprey Raptor 6, \$79: This pack is a great addition to any trail running and mountain biking gear collection. It's a minimalist pack that's just big enough to carry a two-liter reservoir, a spare tire, bike tools, a Clif Bar, cell phone, an extra layer, or, in my case, bear spray.

