



## Outside – Buyer's Guide

Summer 2013

Women – Day Hiking

Featuring: Mira 18

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**2. Osprey Mira 18 pack \$139**  
 Two reasons the Mira fits better than a unisex pack: the torso is a little shorter, and the shoulder straps and hipbelts were designed specifically for women. It's also up for just about anything. (There's a foldaway rain cover and helmet clip). [ospreypacks.com](http://ospreypacks.com)

### DAY HIKING

Style meets function in these testers' trail favorites  
 BY ALI CARR TROXELL

- 1. **Patagonia Overcast shirt \$79**  
 With sun-blocking properties (30 UPF) and tabs that secure the sleeves when they're rolled up, the Overcast doesn't wilt in the hot sun. [patagonia.com](http://patagonia.com)
- 2. **Osprey Mira 18 pack \$139**  
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- for just about anything. (There's a foldaway rain cover and helmet clip). [ospreypacks.com](http://ospreypacks.com)
- 3. **Columbia Back Beauty capri pants \$55**  
 These soft-shell capris are a bit thicker and tougher than your typical yoga pants. Testers were especially pleased with the flattering, slim fit. [columbia.com](http://columbia.com)
- 4. **Bergans of Norway Helium jacket \$229**  
 The ultralight (ten ounces) Helium has all the trimmings of a fully featured waterproof-

- breathable shell—pit zips, wire-brimmed hood, and waterproof zippers—and none of the weight. [bergans.com](http://bergans.com)
- 5. **Hi-Tec Women's Apollo shoes \$75**  
 While Hi-Tec's shoes have always performed well, they've also been a little bland aesthetically. Which is why we like the sneaker-inspired Apollos so much: on-trail performance is exceptional (snug fit, grippy outsole, breathable uppers), and they're light (ten ounces) and agile enough for trail running. [hi-tec.com](http://hi-tec.com)

- 6. **Polarmax Women's XTRdry SS shirt \$30**  
 Cotton kills, or so the saying goes. Not here: this semifitted, cotton-spandex V-neck is woven with water-resistant threads, which wick moisture and dry nearly as fast as synthetic fibers do. [polarmax.com](http://polarmax.com)
- 7. **Adidas Adizero bra \$38**  
 When it came to a secure fit and good support for C and D cups, no bra outperformed this racerback. It didn't chafe or leave imprints even after hours of wear. [adidas.com](http://adidas.com)

