



# Mountain Bike Action

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 Bikepacking: Pack List  
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### WHEN TO GO

One of the main goals when you plan a bikepacking trip is to choose the best time to go, along with the weather you want. Most bikepacking is done in the summer months, but also take into account the terrain. The packed bases of mountains trails create a surface that's much less likely to have any problem crossing over. We strongly suggest you plan your trip during the late spring or fall months when the weather is most forgiving. But keep in mind the accessibility of bikepacking in winter. Winter months offer the best time to explore desert regions, whereas the summer months best take you're packing in an area.

### WHERE TO GO

Given the broad nature of bikepacking, there are many trails and destinations that need to be researched as you explore the back country on your bike. Though it depends greatly upon where you live, most trail systems now offer permits not only to protect overnight stays but also don't allow access after sunset. We highly discourage using your local trail systems for any form of overnight bikepacking adventures.

An excellent resource is a popular spot in the 1980s, the Forest Service determined that the "mechanical transport by wheeled vehicles" section of the 1964 Wilderness Act included bicycles, and each of the remaining land management agencies soon updated its regulations to reflect the interpretation. The Wilderness Act places an emphasis on protecting unspoiled regions of America, and it's important to respect rules and all regulations that may pertain at any specific point in time. Mountain bike usage is often allowed in national recreation areas and parks, though it's usually limited to roads and designated trails, which varies greatly depending on the region. Mountain biking is allowed in a majority of national forest lands, but again, it varies greatly by region and the cooperation of the area. It's your responsibility to know the trail usage regulations in the area you're riding. Be sure to check with the local ranger district or land management office to ensure you're riding on trails where bicycles are permitted. As a result of wilderness restrictions, dirt roads are often used to link sections of trail that exist within a region with wilderness boundaries. On the other hand, there are bikepacking routes made up of several sections of dirt roads. Such routes are often a good choice to use when planning mountain regions, as they give the rider a variety of options for terrain, logistics and gear. There are many resources with periodically updated routes, such as [www.bikepacking.com](http://www.bikepacking.com) that provide those new to bikepacking with a great starting point for planning their initial trip.

**It's not leveling:** There is a misconception that bikepacking is done on level terrain. While we don't suggest anything too steep and take on their favorite jump lines, there is plenty of room for climbing and descents in overnight trips. We have a few lightweight gear suggestions for making the ride even more peaceful.

## PACK LIST

- 1. Mountain bike:** Even though you can't take your bike with you, it's important to have a good one. We suggest a 27.5-inch wheel mountain bike with a 100mm travel fork and a 120mm travel rear shock. We suggest a 27.5-inch wheel mountain bike with a 100mm travel fork and a 120mm travel rear shock. We suggest a 27.5-inch wheel mountain bike with a 100mm travel fork and a 120mm travel rear shock.
- 2. Shipping gear:** Even though you can't take your bike with you, it's important to have a good one. We suggest a 27.5-inch wheel mountain bike with a 100mm travel fork and a 120mm travel rear shock. We suggest a 27.5-inch wheel mountain bike with a 100mm travel fork and a 120mm travel rear shock.
- 3. Shipping bag:** Even though you can't take your bike with you, it's important to have a good one. We suggest a 27.5-inch wheel mountain bike with a 100mm travel fork and a 120mm travel rear shock. We suggest a 27.5-inch wheel mountain bike with a 100mm travel fork and a 120mm travel rear shock.
- 4. Hydration pack:** Some riders like to keep a hydration bladder in their frame bag and ride without a pack, but we prefer the additional storage and organization of a hydration pack in the 15-25-liter range. Pictured: Osprey Escapist 25.
- 5. Shelter and camp gear:** The amount of shelter and camp gear you need depends on your route and the weather. We suggest a lightweight tent or tarp and a sleeping bag.
- 6. Kitchen:** We suggest a lightweight stove and pot, a water filter, and a small cooler.
- 7. Extra batteries:** We suggest extra batteries for your lights and GPS.
- 8. Tools:** We suggest a multi-tool, a pump, and a spare tube.
- 9. Spare tube:** We suggest a spare tube for your bike.
- 10. Spare tire:** We suggest a spare tire for your bike.
- 11. Spare inner tube:** We suggest a spare inner tube for your bike.
- 12. Spare valve core:** We suggest a spare valve core for your bike.
- 13. Spare spoke:** We suggest a spare spoke for your bike.
- 14. Spare chain link:** We suggest a spare chain link for your bike.
- 15. Spare pedal:** We suggest a spare pedal for your bike.
- 16. Spare seat:** We suggest a spare seat for your bike.
- 17. Spare handlebar:** We suggest a spare handlebar for your bike.
- 18. Spare stem:** We suggest a spare stem for your bike.
- 19. Spare headset:** We suggest a spare headset for your bike.
- 20. Spare front fender:** We suggest a spare front fender for your bike.
- 21. Spare rear fender:** We suggest a spare rear fender for your bike.
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