



# THE MANUAL

*The Essential Guide for Men*

Travel

## PACK IT IN: THAILAND ISLAND HOPPING

### TheManual.com

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Featuring: Atmos AG 50

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The jungles and islands of South East Asia are a paradise for a traveler who is prepared for a little adventure. We decided to unplug for a little off-grid exploring and boarded a plane for Bangkok to do a some Thailand island hopping in search of the best beaches in the world, as well as track down the perfect shrimp curry. From hauling gear through airports, on boats and buses, to **trekking** down tourist laden beaches, we put this short list of essentials through a two week test endurance test to find the best gear for a jetsetter on a budget.

### Osprey Atmos AG

The all new **Atmos AG** (Anti-Gravity) pack is easily our favorite backpacking gear hauler ever made. The completely redesigned 3D suspension lifts the load off your shoulder and back without the use of heavy padding or foam. This gives you unparalleled comfort whether you're hauling a load of camping gear through the jungle or wrestling your pack down a long airport concourse to catch a flight. If we keep one pack forever, this one will be it.

