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Pack Like a Pro: Shredding the Backcountry with Kim Havell

Featuring: Osprey Packs

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## PACK LIKE A PRO: SHREDDING THE BACKCOUNTRY WITH KIM HAVELL

**Kim Havell** says she started her ski career as an alpine ski coach in the Telluride valley. From there, she gradually made the transition into freeskiing, climbing and ski mountaineering. Today, Kim says she has skied on all 7 continents – with first descents on 4 – and explored over 50 countries. During her travels, she has climbed and skied big peaks in the Himalaya & the Karakorum, the highest mountains across the US, with first descents both at home and abroad including in the Arctic and Antarctic.

Gear Institute caught up with her to find out a little more about her gear needs when out adventuring.

**GEAR INSTITUTE:** *Sounds like safety is job one for much of your gear—that's something we like to see. Beyond those items, what do you carry? And more specifically, you get exposed to a ton of gear from sponsors—what items from those supporters do you really love?*

**HAVELL:** I love my **Adventure Medical Kit** first aid kits. They are light, well-thought-out kits designed specifically for outdoor needs. I load everything into one of my **Osprey Packs**—the size and model depends on my specific plans, but they have a pack ideal for nearly every adventure.

