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The Adventure: Packing Tips for the Adventure Traveler

Featuring: Osprey Momentum

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If there's ever a time when less is more, it's packing for a trip. For many, however, choosing what to include – and what to leave behind – can be the hardest part of leaving home. Here's some advice, plus a few travel-tested recommendations, to help you keep things light for your upcoming summer adventures.

Become an efficiency expert. Fill every nook and cranny. Stuff shoes with socks. Tuck battery chargers and electronic cords into pockets. Bundle your clothes using crisscrossed layer folds – largest to smallest. Use packing cubes and stuff sacs to organize and segregate items. Use Ziploc bags in place of bottles. Pack collapsible duffels and backpacks within your larger luggage for day use once you've landed – or overflow on the return flight. I carry an Eddie Bauer small duffel, **Osprey Momentum pack**, and Eagle Creek Pack-It[®] accessories.

