



Men's Fitness

May 2013

The Great Outdoors Guide

Featuring: Volt 75

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1

Backpack

Weighing in at only 3 lb 12 oz, the Osprey Volt 75 delivers a sick amount of storage for such a light pack, and a unique adjustable torso fits every guy. **\$199, ospreypacks.com**

Outdoors Guide Backpacking

3

Zero In on the Great Unknown

The chance for new extreme challenges has pulled you outdoors, but you know that only your mental gritcock will get you out the other side. That's true for every outdoor endeavor, and backpacking is no exception. All you need is the essential gear, plus a few grip-and-tear extras, to keep you exploring everything under the sun, moon, and stars.

It's your world. Don't just live in it—reach out and grab it.



8

Headlamp & Lantern
The *Stream Peak Glow™* Mini Headlamp is a sleek dual threat—both an LED lumbar headlamp and an ambient lantern. **\$56, streampeak.com**

7

All-Weather Fire Starter
Add a spark and let the fire fly with the *STI® StrikeForce Fire Starter*. **\$26, rei.com**

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UV-Tech Water Purifier
Clean water, anywhere. The rechargeable *Surviv8 Ultra* kills 99.9% of bacteria, protozoa, and viruses in 45 seconds with the click of a button. **\$100, survival.com**

3

Ultralight Sleeping Bag
This tough, featherweight 100-lb *Marmot Helium™* Thermom 32 is designed for alpine trails, with 850 fill down and water-repellent fabric. **\$300, marmotgear.com**

4

Propane-Free Stove
A supermodern wood-burning stove by *Black* not only fires up your grub but powers up your USB devices, an excellent feature. **\$100, shop.blackfirestove.com**

5

Built-Tough Tent
The *Black Diamond SingleTent* may be lightweight, but it isn't flimsy. Its tent poles are made of unimpaired, **\$400, blackdiamondequipment.com**

6

Advanced Multitool
The *Gerber DSH Multitool* doesn't just look sleek—it is. With forged steel and spring-loaded jaws, it's the only *MultiCutter* tool you'll ever need. **\$19, gerber.com**

70 MEN'S FITNESS.COM MAY 2013

