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May 27, 2015

How To Turn Your Mountain Bike Ride Into an Overnight Adventure

Featuring: Escapist 32

Monthly Traffic: 3,884,800

URL: <http://tinyurl.com/pyrvyre>

How to turn your mountain bike ride into an overnight adventure

Bikepacking is the two-wheeled adventure that brings cycling and backpacking together. Because with a bit of planning and a little more gear, it's easy to upgrade a fun mountain bike ride into an epic bikepacking overnight escapade. And there's a good chance you already have most of the stuff you need; bikepacking is king of the "run what you brung" ethos.

Ernst emphasizes that preparation is important, but to keep your research in check.

"The gear is necessary, but don't let yourself get swallowed into the rabbit hole of gear ... You don't need to obsess over everything," he says.

Similarly, I'm going to run my [Osprey Escapist 32](#). Having ridden with panniers as well as backpacks off-road, I like how keeping the bag on my back keeps the bike more nimble. And my medium/large Escapist can accommodate about 32 liters and up to 30 pounds of stuff. A hip belt and harness keep the bag steady and lower compression straps help me stabilize the load.

