



500 Miles On Foot. What Should I Pack?

Carryology.com

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Featuring: Aura AG 50

Monthly Traffic: 260,400

URL: <http://tinyurl.com/pjh8eqk>

Sarah Hickey is soon to embark on a **31-day quest** to find inspiration for her first short film **"Barren"**. The Melbourne-based filmmaker has written the first draft of the film but will utilize the walk as an opportunity to further refine the story. She will put herself in the shoes of the lead character and young mother Charley who loses her partner and decides to pack a bag and simply walk away (quite literally) rather than working through her grief and accepting the difficulties of single motherhood. Sarah will follow an inland route, primarily making use of the Western Highway as she walks through locations including Ballarat, Ararat, Horsham, Bordertown and Murray Bridge.

Sarah is in the process of assembling a list of what she's bringing on her trip – and she needs your expert carry advice! What else should she bring? What should she leave behind? Some amazing travel hacks and tips to make the journey even better? Check out the video below and see what's currently made the cut...



OTHER ITEMS TO PACK

CLOTHING	CAMPING
1 x SET THERMALS	1 x HIKING TENT
3 x MERINO TIGHTS	TOILETRIES
3 x HIKING SOCKS	
1 x BEANIE	ADDITIONAL
1 x GLOVES	1 x HEAD TORCH
1 x MERINO HOODIE	WATERPROOFING
1 x RAIN JACKET	SOLUTION FOR SHOES
1 x SUNGLASSES	1 x HAND HEAT PACKS FOR
1 x SCARF	HANDS AND POCKETS

BEING PACKED INTO
OSPREY AURA AG 50

