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Tips on How to Travel Light Without Sacrificing Comfort and Style

Featuring: Meridian 22"

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Travel

## Tips on how to travel light without sacrificing comfort and style

[Lee Abbamonte](#) is known as the youngest American to have visited every country in the world. His second claim to fame should be “most efficient packer.” Unless he needs expedition gear or a suit, the 36-year-old New Yorker totes a 22-inch Osprey Meridian wheeled bag and a North Face backpack. The two pieces accompany him on trips short (a long weekend in Dewey Beach, Del.) and ultramarathon (two months circling the globe).

“Bring as little as possible,” Abbamonte said a few days before departing for Madagascar and Mauritius, “but cover all bases.”



World-traveler Lee Abbamonte uses the same 22-inch bag for weekend outings and months-long trips. (Lee Abbamonte)



Abbamonte keeps it light: In addition to the Osprey Meridian, he carries only a backpack. (Lee Abbamonte)

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